

## **Suggested Activities**

### **Yacht Racing**

Pittwater is the ideal location for match racing. Each team is provided with identical 38 ft yachts and one trainer. During the short practice session each team is provided with the basic skills of sailing. A series of races develops the crew utilising team building, which produces long term benefits for your company.

**\$1,500 per yacht for up to 3 hours (max 10 delegates per yacht)**

### **Outrigger Canoes**

Paddling occurs in crews of five members each along with a steersman, in Hawaiian-style canoes. The recreational contest matches teams against each other in short and exciting regatta-style races held on Pittwater. The event provides fun, exciting and healthy interaction for participants while promoting and establishing teambuilding and communication skills.

**\$120 per person. 5 delegates per boat and able to complete 8 – 9 races in 2-3 hours.**

### **Barrenjoey Adventure Race**

The Adventure Race is an awesome pursuit with breathtaking views of Barrenjoey Headland, Palm Beach. The race combines kayaking, abseiling, map reading & mystery activities all in a fun team race format. The adventure race will provide a memorable 'shared experience' for your team.

**From \$99 per person. Available for 2 hours to half day**

<http://www.twainspire.com/teambuilding.htm>

### **Pittwater Cruise**

"Often described as the 'best kept secret' Pittwater offers a wonderful backdrop to an afternoon or evening sail on a Catamaran's. The Cat's are designed to take up to 19 people plus skipper with a large dining area and plenty of deck for you to simply relax. Ideal for an after conference event or why not incorporate a 'Treasure Hunt' as part of incentivizing your team.

**\$740 per boat and skipper, for up to 3 hours**

**(For returns after 5pm an extra \$100 surcharge applies.)**

<http://www.smartboating.com.au/page.asp?id=146>

### **Cooking Classes with Cheeky Food Group**

Inspire your team, clients or entire company to create their own, unique restaurant. As the 'chefs', you'll cook the glamorous meal. Then as the 'customers', you'll eat and enjoy your feast together. Far more than your run-of-the-mill cooking class, Cheeky makes it fun and totally interactive, with music and vino... a true "event"!

[www.cheekyfoodgroup.com](http://www.cheekyfoodgroup.com)

### **Sporting Activities**

We can arrange Beach Games at Newport Beach & Bushwalking through the National Park. Tennis, Squash, Lawn Bowls, Surfing and Golf are all available in the surrounding area.

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